

De-bittered Ashwagandha

Withania Somnifera



Withania/Ashwagandha has been called “Indian ginseng” because it is used in Ayurveda in the same way ginseng is used in Chinese medicine: to improve vitality and aid recovery after chronic illness.

The roots of the plant contain the chemical compound withanolide, which has been the focus of medical research. Withanolides are a group of steroids, from the Ashwagandha shrub, that have been shown in laboratory tests to suppress cancer cells and act as an antioxidant.

Commonly offered Ashwagandha extracts are extracted from leaves and rhizome and standardized to “withanolides” and “alkaloids” with a typical extract containing about 1.2 to 4% of good and harmful alkaloids. The European Food Safety Authority (EFSA) has categorized some of the alkaloids of Ashwagandha as toxic and harmful. In following Traditional Ayurvedic Medicine practices and EFSA guidelines, we use rhizome and a unique extraction technique to remove toxins and bitter principles. This process provides a high content of withanolides.

BENEFITS

- Supports the immune system
- Maintains cholesterol in a healthy range
- Support blood pressure control
- Supports healthy blood sugar levels
- Offers anti-inflammatory benefits
- Contains anti-malarial properties
- Enhances sexual potency for both men and women

NOTE: Color, taste, and aroma of this product may vary from batch to batch.

FEATURES

- De-bittered to remove bitter toxins, known as alkaloids and retain a higher content of withanolides

Developed through the partnership of **Orcas Naturals** and **Arjuna Natural Extracts Ltd.** Arjuna is a leading company specialized in creating botanical solutions supported by pharmacological evaluation and clinical studies in the dietary supplement, pharmaceutical and cosmetics industries.

Request a sample or learn more about **De-bittered Ashwagandha** at: customerservice@orcasnaturals.com.